



Dundaloo
Allied Health



Introducing our
Allied Health services

www.dundaloo.org.au

Welcome to Dundaloo

At Dundaloo we offer specialised support and service for people within the community to improve their mental, psychological, social, and physical wellbeing.

We help tailor therapies based upon best practice as it applies to your individual needs.

Our Allied Health Practitioners can provide assessments, therapy and management for individuals who may have a range of disabilities or disorders, including Intellectual Disability, Autism, Acquired Brain Injury and Mental Health issues through NDIS, private, Medicare and other funding agencies.

Our comprehensive Allied Health services include,

- Clinical Psychology
- Occupational Therapy
- Speech Pathology

To book an appointment with any of our Allied Health Practitioners, call...

P 02 6551 4214



Clinical Psychology

Clinical Psychology integrates science, theory and clinical practice to understand, prevent and treat a wide range of emotional and psychological problems.

Why see a Clinical Psychologist?

Common reasons people see a psychologist include stress, anxiety, mood disturbance, social and relationship problems, sleep difficulties and behavioural problems. Psychologists can help by using assessment tools, sharing information and applying evidence based approaches to develop strategies. This may be through individual talking therapies or working with others to support you.

Meet Tamara, our Clinical Psychologist...

Tamara Ferris is a Clinical Psychologist with experience in a range of psychological conditions. She utilises an eclectic approach of evidence based strategies to talk therapy. Tamara is accept referrals for adolescent and adult clients, as well as select childhood and geriatric presentations.



Occupational Therapy

Occupational Therapy helps people find ways to take part in a range of everyday activities in their lives, so they can be active and more independent.

Why see an Occupational Therapist?

Occupational Therapists can help people who have difficulty doing activities because of accidents, disease, injuries or disabilities. This may be by helping with ideas, training, equipment or changes to the environment so that the person can do what they need or want to do, each day.

Meet Celine, our Occupational Therapist...

Celine Windsor is an Occupational Therapist with many years of experience working with people of all ages. She works closely with individuals, their families, support services, schools and community groups to help people achieve their goals. Celine is accepting childhood, adult and aging presentations.

Speech Pathology

Speech Pathologists treat communication disorders, including difficulties with speaking, listening, reading, writing, social skills, stuttering and using voice. They also treat swallowing disorders.

Why see a Speech Pathologist?

Speech Pathologists can help assess, diagnose and treat people who have difficulty communicating or with swallowing issues due to developmental delays, stroke, brain injuries, learning disabilities, intellectual disabilities and dementia.

Meet Kristen, our Speech Pathologist...

Kristen Hillier is a Certified Practicing Speech Pathologist and Practicing Member of Speech Pathology Australia with experience working across all ages from preschoolers to aged care. Kristen is accepting referrals for adults who have concerns with speech, language, social skills, stuttering, or swallowing difficulties. Kristen is also accepting school aged clients (5 yrs+) who need speech and language assessments.



Like more information?

To find out more or to book an appointment with any of our Allied Health Practitioners, simply give us a call, we would love to hear from you.

P 02 6551 4214 F 02 6552 4372

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